

# Text Messaging Campaigns

## For ADULTS






Talking is Power	Mind 4 Health	Snag 101	Caring Veterans
<b>EMPOWER</b> to 94449	<b>MIND4HEALTH</b> to 65664	<b>SNAG101</b> to 94449	<b>VETERAN</b> to 65664
how to have “the birds and the bees talk” with youth	suicide prevention training, talking about mental health with youth	sexual health education for adults	Uplifting messages from veterans to fellow veterans

## Career Pathways for STUDENTS

Inspire	Healer	STEM	Caring College
<b>INSPIRE</b> to 94449	<b>HEALER</b> to 94449	<b>STEM</b> to 94449	<b>COLLEGE</b> to 65664
Native public health role models, public health career pathways	personal coach for students interested in health professions	Getting youth interested in STEM careers	Uplifting messages from college students to college student peers

# For YOUTH

Native	Caring Messages	Sex
<p><b>NATIVE to 94449</b></p>	<p><b>CARING to 65664</b></p>	<p><b>SEX to 94449</b></p>
<p>updates to WeRNative, raffles, contests, prizes, and health tips</p>	<p>inspiring and uplifting messages for improving mental health</p>	<p>sexual education for youth &amp; young adults</p>
		

Brave	Native Fitness	LGBTQ2S
<p><b>BRAVE to 94449</b></p>	<p><b>FITNESS to 94449</b></p>	<p><b>LGBTQ2S to 94449</b></p>
<p>alcohol misuse, healthy relationships, goal setting, and suicide prevention</p>	<p>personal wellness, exercise, fitness challenges and tips</p>	<p>updates from the Paths (Re)Membered project</p>
