



# Prepare & Implement

December 11, 2024 10am-11:30am PT

## **Host**

Amanda Kakuska

## **Guest Speakers**

Taylor Dean, Daryl Jones III, Will Hess

## **Objectives**

By the end of today's session, you will be able to...

1. **Identify** HNY Toolbox resources & tools for your site/ setting
2. **Listen** to the community partners share tips and strategies for the Prepare & Implement phases

## **Stay connected**

- [Upcoming Community of Practice Sessions](#)
- [Past Sessions](#)
- [Request Technical Assistance](#)

## **Chat links:**

### **Introduction:**

Group Agreements – Native STAND, lesson 1:

<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

Digital Learning Agreements: [https://docs.google.com/document/d/15od\\_aYkTTQMZfz8p7tDJaljr9s-JGaJrNkmEk-8GX4/edit](https://docs.google.com/document/d/15od_aYkTTQMZfz8p7tDJaljr9s-JGaJrNkmEk-8GX4/edit)

### **Taylor Dean Prepare and Implement Overview:**

Letter to Parent or Guardian: [Prepare-Step-4-Letter-to-Parents-Template.doc](#)

Self-Care plan for Adults: [Prepare-Step-1-Self-Care-Plan Elders-Adults.pdf](#)

Example Recruitment Flyers: [Prepare-Step-4-Example-Recruitment-Fliers.pdf](#)

Session Reflection Log: [Implement-Step-2-Session-Reflection-Log.docx](#)

Native Stand Questionnaire: [Implement-Step-3-Native-STAND-Questionnaire.pdf](#)

Icebreakers: [Microsoft Word - Icebreakers V2.docx](#)

**Daryl and Will presentation:**

Native STAND 2.0: <https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

**Closing Activity:**

Mentimeter Link: <https://www.menti.com/ale88heg77m>

**End of Session:**

Session Feedback: [https://www.healthynativeyouth.org/training\\_feedback/](https://www.healthynativeyouth.org/training_feedback/)

TA Request Form: <https://www.healthynativeyouth.org/request/>

## Chat feed (names and emails have been removed)

01:03:16 Vurlene: Good Morning Will...So nice to see you again!

01:03:44 Will: Good morning Vurlene! I'm so happy you're here

01:06:02 LuNell: LuNell, School Nurse Cowlitz Tribe area. Any pronouns will do.

01:06:20 Jane: Group Agreements – Native STAND, lesson 1:

<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

Digital Learning Agreements:

[https://docs.google.com/document/d/15od\\_aYkTTQMZfz8p7tDJaljr9s-JGaJlrNkmEk-8GX4/edit](https://docs.google.com/document/d/15od_aYkTTQMZfz8p7tDJaljr9s-JGaJlrNkmEk-8GX4/edit)

01:06:25 Amy: Good Morning! Amy (she/her) from Molina Healthcare of WA. I'm looking forward to learning more about your organization today!

01:06:37 Audre: Grace, she/her. Cherokee nation, working for the Kenaitze indian tribe. To learn things to bring back to the youth in my community

01:06:41 Abbey: Good morning! Abbey (she/her) from Johns Hopkins Center for Indigenous Health - looking forward to hearing about other org's experiences with boosting participation numbers in rural settings.

01:06:47 Samuel:Samuel, he/him, Navajo Nation, San Diego American Indian Health Center, and hoping to learn more about how to engage Youth in substance use prevention.

01:06:58 Sheena:Sheena Native Youth Wellness Navigator in Eugene. Enrolled Tribal Member of the Fort Belknap Indian Community. Representing the Arapaho, Assiniboine & Gros Ventre tribes

01:07:07 sandra: Hi everyone! So excited to be here! That was a lovely prayer and a great reminder that our ancestors are always present. My name is Sandra, I work as an indigenous community coordinator for a domestic violence/ sexual assault shelter in moab, Utah. My work is focused on prevention against sexual assault. and raising awareness around MMIR. be well everyone! Feel free to reach out to me at, Sandra@seekhaven.org

01:07:16 Chelsea: Good Morning 🌞 Chelsea- Cheyenne River Sioux Tribe- I am a Peer recovery coach for youth with Indigenous Wellbriety out of Cortez Colorado!

01:07:20 Vurlene: Good Morning Everyone, Vurlene, Jicarilla Apache Nation. Community Health Educator with the Salt River Pima Indian Community-Scottsdale, AZ.

01:07:26 ashley: Good Afternoon! My name is Ashley (she/her), Child Wellness Coordinator for the Keweenaw Bay Indian Community in the upper peninsula of Michigan.

01:07:45 Ray: Hello, Ray, MSW, CSW. I am the Behavioral Health Data Coordinator for the Behavioral Health Dep't. of the Fred Leroy Health & Wellness Center-Ponca Tribe of Nebraska here in Omaha, Nebraska. I'm an enrolled member of the Ponca Tribe, but also Omaha and Santee Sioux. I'm hoping to gain insight of potential resources we can implement within our Community and Youth groups.

01:07:47 Emily: Emily She/Her, UW Madison Extension, I work with St. Croix Tribal youth in Wisconsin

01:08:04 Kristin: Kristin. Cherokee Nation. My organization is Owens Valley Career Development Center in California. I am a site project coordinator. I work with tribal youth.

01:08:04 Deniset: Hihanni Waste-Denise, Oglala Lakota located in Rapid City, SD. STITPPI-Great Plains Tribal Leaders Health Board. I work with Tribes in ND, SD, IA, NE. (18 Different tribes) and 5 different curriculums.

01:08:12 Keeoma (She/Her) Lekt TVR: ᑭᑦᑲᑦᑲᑦ ᑭᑦᑲᑦᑲᑦ. Keeoma cə nəsna čʔéʔɬxʷaʔ nəxʷsɬáýəm'. Good day, my name is Keeoma from Elwha Klallam. Pronouns are She/Her. My goal is to learn the most I can to be a positive resource/role model for youth.

01:08:36 Vurlene: Replying to "Hi everyone! So exci..."

Hi Sandra

01:09:25 Denise: I am here to learn as much as I can and support our Rosebud Sioux Tribe Facilitator, Daryl. We are extremely proud of him!!!

01:09:38 sandra billie: Hey All, Ricky Begaye work with Native Youth as the Native American afterschool club lead with title 6 coordinator, K-12

01:09:41 Eldra: Good morning, Eldra here, my pronouns are she/her. I work for SRPMIC. I am Hopi. I am hoping to gain more insight/resources on how I can better assist our Native young adults.

01:10:06 Vurlene: Replying to "Hi everyone! So exci..."

I do a lot of work in the area of domestic & Sexual violence prevention

01:10:14 Glenda: Good morning everyone, I am Glenda, Health Promotions Coordinator at the Inter Tribal Council of Arizona, Inc. in Phoenix, AZ. I work with two Tribes who implement teen pregnancy prevention program within their communities. They use the Making Proud Choices curriculum.

01:10:44 LuNell: As a school nurse, I look for health/attendance issues. I build support systems for students and families. A healthy student has a better academic year.

01:10:47 Linda: Hi! My name is Linda, I am an LPC and provide therapy to Shawnee children here in Miami, OK. I hope to stay informed of current trends with Native Youth to bring relevance into my individual sessions.

01:11:05 Kayla: Ki'suk wiɬnam, Good morning. my name is Kayla. They/them. I am Ksanka from the Flathead reservation in Montana. I am a data coordinator for tribal behavioral health.

01:11:21 sandra: Replying to "Hi everyone! So exci..."



01:29:19 Amanda (she/her): @Anna - I know others are planning to share a bit more about the pre/post survey's too after Taylor... 😊

01:30:18 Anna: Replying to "@Anna - I know other..."

That is so awesome. Thank you Amanda.

01:31:09 Amanda (she/her): Super simple...but makes such a difference for future cohorts

01:35:12 Vurlene: I was teaching the Native STAND class at the Alternative HS here in Salt River. The students loved the class. I get a lot of good feedback from the students on how it helped them make better choices.

01:35:19 Denise: Have you thought of making entry and exit surveys for the different age groups?

01:35:39 Taylor (they/them) NPAIHB: Thanks Anna for your questions!

01:36:16 Jane: Bingo data collection activity:  
<https://www.healthynativeyouth.org/implementation-toolbox/gather/gather-input-from-youth-and-program-participants/>

01:36:16 Taylor (they/them) NPAIHB: Replying to "Have you thought of ..."

That's a great idea. I think both our entry and exit survey templates are aimed towards high school age students

01:36:29 Anna: Replying to "Have you thought of ..."

Great job Taylor! Thank you.

01:36:40 Daryl: aweome amazing job taylor!

01:36:41 Jane: Assessing student learning:  
<https://www.healthynativeyouth.org/implementation-toolbox/implement/assess-student-learning-and-experiences/>

01:36:44 Vurlene: I made PowerPoints for each lesson. A lot of work but it was worth it.

01:37:05 Taylor (they/them) NPAIHB: Replying to "I made PowerPoints f..."

woah was that for Native Stand?

01:37:12 Taylor (they/them) NPAIHB: Replying to "I made PowerPoints f..."

that's awesome

01:40:15 El: could you repeat the 2nd q, please?

01:42:26 Dominique: you're doing great Daryl!!

01:43:05 Amanda (she/her): Replying to "could you repeat the..."

sorry if that moved too fast El...we'll share out the recording after the call 😊

01:44:32 Amanda Kakuska (she/her): Replying to "I made PowerPoints f..."

Vurlene is such a rockstar! 😊

01:47:23 Amanda (she/her): Assessing resources is such a key foundational stage for knowing what you have to work with and what gaps you need fill... 😊

01:47:34 Denise: You are an amazing team member!

01:48:38 Denise: We also utilize community events to reach out to families.

01:49:42 Taylor (they/them) NPAIHB: That's a really good point, thinking about what youth actually need for incentives is genius

01:50:14 Denise: hygiene kits have been huge hit as an incentive.

01:50:24 Amanda (she/her): I love this Daryl! Relationships are such a key piece to the community buy-in piece that often takes years to establish. What a great idea (and a lot of leg work) to go door to door to introduce yourself to caregivers and alleviate concerns about your sexual health curricula. 😊

01:51:07 Amanda (she/her): Love these incentives ideas! 😊

01:51:22 Amanda (she/her): And then they'll be hungry at 12!

01:52:01 Jane: This is the curriculum Daryl used - Native STAND 2.0:  
<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

01:53:00 Denise: Native It's Your Game 2.0

01:54:03 sandra: is there a healthy relationship curricula that focus on native youth with the considerations of what home looks like?

01:54:48 Denise: You could add cultural considerations of home life to the curriculum. We do that.

01:56:06 Denise: We add a couple extra days for cultural adaptations.

01:56:20 sandra: Replying to "You could add cultur..."

Thank you Denise! Is there a curricula that I could follow? our organization currently uses One Love, but I have flexibility to implement one that is more culturally significant.

01:57:21 Denise: Replying to "You could add cultur..."

We use Respecting the Circle of Life, Native2.0, Get Real, Draw the Line Respect the Line, and NuCulture.

01:58:12 Amanda (she/her): Replying to "is there a healthy r..."

I love the idea of incorporating cultural considerations that are specific to your community...no one knows your community better than you do. And, getting your community and youth involved by gathering feedback is critical to this adaptation along with community buy-in.

01:58:27 Denise: Replying to "You could add cultur..."

I would say Native2.0 or Respecting the Circle of life. We add culture everyday based on which tribe we are working with.

01:59:38 Amanda (she/her): Replying to "You could add cultur..."

@Jane - can you add the curricula comparison tool to this thread?

02:00:47 Jane: Replying to "You could add cultur..."

sure thing! <https://www.healthynativeyouth.org/curriculum/compare/>

02:00:51 sandra: Replying to "is there a healthy r..."

I don't work within tribal lands, I work with Urban natives who go back and forth between the Navajo nation and Moab, Utah. I have had so much push back from parents on implementing programming that kids have voted on wanting. How do you guys deal with these kinds of set backs that are set in identity shame due to our environment? its the parents who deal with this, people I grew up with, their kids want cultural connection.

02:01:46 sandra: Replying to "You could add cultur..."

Thank you!!!



02:01:59 Denise: The students love question of the day! It's one of my favorite as well.

02:02:06 Amanda (she/her): Replying to "is there a healthy r..."

Sandra next month's CoP call on We R Native is one you'll want to attend!

02:03:04 Jane: Replying to "is there a healthy r..."

Not a curriculum but we talk a lot about identity and pride over at We R Native's Ask Your Relatives:  
[https://www.wernative.org/ayr/all-questions?\\_sft\\_ayr-category=identity](https://www.wernative.org/ayr/all-questions?_sft_ayr-category=identity)

02:03:16 Amanda (she/her): Reacted to "Not a curriculum but..." with 🤔

02:03:28 Denise: The celebration is my favorite part! I can't wait to hear your update on it.

02:03:29 Jane: Replying to "is there a healthy r..."

Next month's CoP call is a great opportunity to learn more about We R Native

02:04:11 Taylor (they/them) NPAIHB: Thank you Daryl!!

02:04:31 Michael: Replying to "is there a healthy r..."

I hear you and feel you.

Make a point to really emphasize the data around this work showing its success and also driving home the point that it is youth that are the ones asking for the content.

As a public health specialist in such a time as this, believe me, fighting misinformation and non-evidence based opinions is hard, and unfortunately doesn't appear it will get better anytime soon.

02:04:45 sandra: Replying to "is there a healthy r..."

@Jane thank you so much! That helps a ton!

02:04:46 Brittany: Thank you Daryl!

02:05:03 Denise: Daryl, You did an amazing job!! I am proud of you.

02:05:10 Kristin: thank you daryl

02:05:19 Sheena: Thank you so much so inspiring!!! ❤️

02:05:50 Amanda (she/her): What a rockstar Daryl is! Thank you for sharing. 😊

02:06:19 Glenda: Thank you for sharing your experiences with us

02:07:16 sandra: Replying to "is there a healthy r..."

@Michael all this makes me feel better that I am not alone in this. Thank you for your input!

02:07:32 Taylor (they/them) NPAIHB: That question box is really beautiful

02:07:37 Amanda (she/her): Oooh...I love this question box! 😊

02:08:01 Jane: Things like customizing the question box is a GREAT way to tailor materials to your community's needs!!

02:09:12 Amanda (she/her): We've done virtual Question Box's too using virtual tools like anonymous whiteboards or discussion boards...

02:09:23 Denise: We have had a school utilize the question box through out the entire school. The principal is the one that reads them and reaches out.

02:10:56 Taylor (they/them) NPAIHB: Love how holistic both Daryl and Will are about education, it's not just about teaching but also making sure youth's needs are met in the classroom so they can learn <3

02:16:16 Amanda (she/her): I'll encourage folks to write in their questions or comments into the chat now...

02:17:08 Amanda (she/her): We'll include Will's email 😊

02:18:34 Denise: You can also reach out to me if needed.

02:19:09 Denise: Will thank you for sharing. I appreciate it!!

02:19:14 Jane: Or click this link! Mentimeter Link: <https://www.menti.com/ale88heg77mu>

02:19:33 Sheena: Let's connect please again Sheena Puls Native Youth Wellness Navigator please feel free to email me at !!!!

02:20:02 Sheena: thank you all so much for your time and helping our Native Youth!!!!

02:20:10 Kayla: Thank you.

02:21:31 Denise: Sheena, I sent you an email

02:21:53 Jane: TA Request Form: <https://www.healthynativeyouth.org/request/>

Part 2 CoP Registration: <https://www.healthynativeyouth.org/community-of-practice/>

02:22:19       sandra: You all are amazing and doing amazing work for our future! Thank you for sharing your expertise!

02:22:35       LuNell: Thank you

02:23:01       El:       Thank you to our coordinators + Daryl and Will! I just started with my youth program here in Buffalo and am definitely going to be implementing some of the activities and communication approaches. Great stuff! Nyaweh

02:24:29       Will:     Thank you Taylor

02:24:46       Chelsea:       Thank You!

02:24:47       Michelle:       Thank you

02:24:47       Denise: Lila Wopila (Thank you)

02:24:51       Abbey: Thank yoU!