# IMPLEMENT

# Lesson Reflection Log

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**Instructions**: You may find yourself making adjustments and adaptations to your program – keep track of what works and what you want to build on. You can make small adjustments throughout the journey and use them to plan the next go-round. Activity logs will help you gather valuable data – here are some tools for reflecting on lessons, tracking attendance, and making observations as you go.

Lesson Reflection Log

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| Lessons Title: | Strengths: What went well? | Challenges: What didn’t go so well? | Ideas for Next Time? |
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*This resource was adapted from the* [*Program Planning and Implementation Workbook*](https://www.healthynativeyouth.org/wp-content/uploads/2018/12/Program-Planning-and-Implementation-Workbook_NTC.xlsx)*.*